

# NOWSPACE

## SEVEN DAY RETREAT



February 17<sup>th</sup> – 24<sup>th</sup> 2012, Mana Retreat Centre, Coromandel, NZ



Guidance is vital in the exciting discovery of waking up and recognizing who we truly are, and this retreat is focused on bringing to life the Ishayas' teaching and deepening our experience.

Manyu and Jaya, teachers who have taught for many years at the six-month Mastery Courses and around the world, will be convening this retreat.

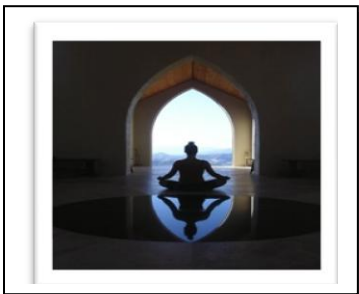
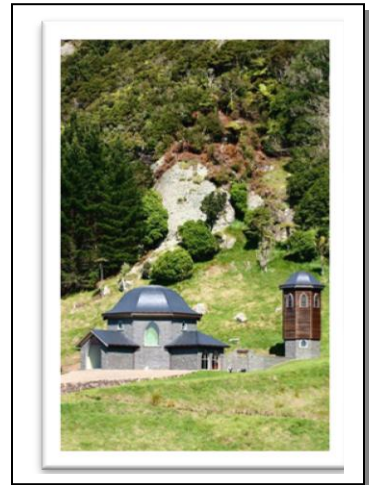
They bring a wealth of experience and playfulness to the exploration of consciousness, which will be reflected in the topics and exercises they have chosen to share. These are structured to allow the exploration of the following questions:

**Who am I?**

**Why am I here?**

**What is the purpose of my life?**

Mana is a Sanctuary nestled in the bush covered hills of the Coromandel Ranges in the North Island of NZ.



### RETREAT INFORMATION

Dates: 7 days from 17<sup>th</sup> – 24<sup>th</sup> February, 2012

Cost: \$1,750 NZ incl. GST which includes:

- All accommodation and teaching (advanced attitudes extra)
- Fully catered meals each day
  - Daily gentle yoga

A non-refundable deposit of NZ\$550 is due by 5<sup>th</sup> October, 2011

Remaining balance (NZ\$1,200) to be paid by 5<sup>th</sup> December 2011

To register, please see the attached Information Sheet or email [info@nowspace.co.nz](mailto:info@nowspace.co.nz)

We look forward to seeing you there.

The NZ & Australian Ishayas'